

What You Need To Know About Novel Coronavirus

SOCIAL DISTANCING

SAFE TO DO

UPDATED: 3/24/20



Take a Walk



Donate Blood



Play in Yard/
Yard Work



Clean Out
Closet



Read a Book



Listen
to Music



Cook
a Meal



Family
Game Night



Go for
a Drive



Group
Video Chat



Stream a
TV Show/Movie



Text/Call Friends/
Elderly Neighbors

For more information, visit: publichealth.lacounty.gov



COUNTY OF LOS ANGELES
Public Health

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SOCIAL DISTANCING

USE CAUTION

UPDATED: 3/24/20



Visiting a
Grocery Store



Pick-up/Delivery
of Food



Essential
Travel



Essential Home-Based
Services



Mass Transit
System



Picking Up
Medication

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SOCIAL DISTANCING

AVOID

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Non-Essential Visitors
in your Home



Play
Dates



Barbershops &
Beauty Salons



Playgrounds



Athletic
Events



Crowded Retail
Stores/Malls



Workouts
in Gyms



Restaurants
and Bars



Concerts
and Theatres



Sleep
Overs



Non-essential
Travel



Group
Gatherings

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