Understanding IEPs and Parent Rights – Presented at SEAC, October 19, 2023

Navigating your child's Individual Education Plan (IEP)



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You will leave here knowing:

- The Process
- Team Members
- Principles of IDEA
- The Document (IEP)
- Free Appropriate Public Education (FAPE)
- Least Restrictive Environment (LRE)
- Parent Rights & Procedural Safeguards

IEP- Individualized Education Plan

The IEP is:



 The Individualized Education Plan is a legal document under United States law that is developed for each public school child in the U.S. who needs special education. It is created through a team of the child's parent/s and district personnel who are knowledgeable about the child's needs

IEP Team Members

- Parent/Guardian
- Student (sometimes)
- General Education Teacher
- Special Education Teacher
- Principal or Administrative designee
- Others depending on related services

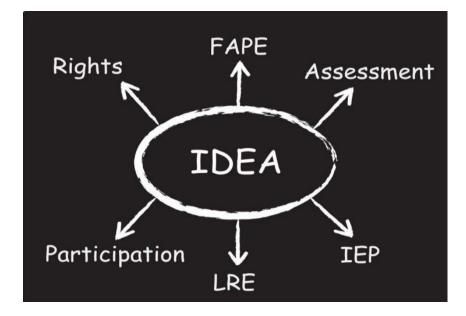


IEP Team Members



Six Principles of the IDEA (Individual with Disabilities Education Act)

- 1. Assessment
- 1. Individual Education Program (IEP)
- 1. Free Appropriate Public Education (FAPE)
- 1. Least Restrictive Environment (LRE)
- 1. Parent Participation
- 1. Parent Rights



The IEP Process



The IEP Process follows a certain order:

- 1. Assessment -Identification of strengths, concerns, needs, and present levels of ability
- 1. Eligibility (not eligible, now what?)
- 1. Goals, Accommodations, Modifications, and Services
- 1. District's Offer of a Free Appropriate Public Education (FAPE)
- 1. Services in the Least Restrictive Environment (LRE)

How can Parents/Guardians Contribute?

Be prepared:

- You can request (in writing) to have copies of assessment reports and draft goals before the IEP meeting
- You can request pre-meetings (phone calls) with the teachers or service providers

Be informed:

Understand your child's disability and how it manifests in them, be prepared to share this information

Share a (no more than one page) synopsis, especially if your child has a rare condition

How can Parents/Guardians Contribute? (cont')

Be organized:

- Organize records, reports, work samples, teacher notes, etc.
- Bring your written concerns to the meeting to be included in the Parent Concerns section of the IEP
- Send questions in advance

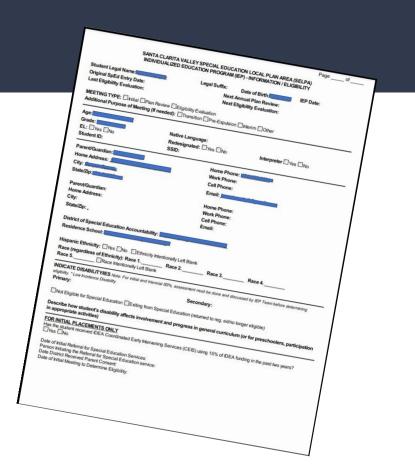
Collaborate:

- Focus on your child's best interest rather than a fixed position or demand
- Keep an open mind
- Be a calm and informed member of the IEP team
- Recognize areas of agreement or consensus

The IEP Document

The IEP is a written document

- Contains information about your child and their program; present levels, goals, services, placement and more
- Includes the district's offer of FAPE
- The plan can be amended and adjusted as a student's needs change over the course of a year



Free Appropriate Public Education (FAPE)

Every child is entitled to FAPE

Appropriate does not mean *first-rate* or *ideal*



It means that the student is receiving the resources and services needed so that they can access the curriculum and make educational progress

The school team must make an offer of FAPE

LRE- Least Restrictive Environment

Least Restrictive Environment or **LRE** means to the extent possible, a child should be educated:

- at their home school
- in a general education classroom
- with typically developing peers
- with needed services and supports

A special day class is considered more restrictive, and non-public schools or home instruction are considered most restrictive

Parent Rights & Procedural Safeguards

- There are procedural safeguards developed to protect parent's rights per the federal regulations in IDEA.
- You will receive a copy of the Procedural Safeguards at least one time per year at your student's IEP team meeting. You are *encouraged* to read them.
- Becoming familiar with your child's rights will empower you to support him/her/them through their educational journey.

IEP Team Meeting



Parent Response to the IEP

- A parent/guardian can consent to ALL, PART, or NONE of the IEP
- If/when there are new concerns, the parent/guardian can request an IEP meeting, in writing, to discuss and problem-solve

IEP Timelines

- Initial evaluation 60 days from the date of the signed Assessment Plan
- Annual IEP within 1 year of previous IEP team meeting
- Re-evaluation IEP (Triennial) 60 days from the date of signed Assessment Plan, and within the 3 year mark from the previous evaluation to determine eligibility
- Parents' or team member request for IEP within 30 days of the written request

Table Talk

- Table 1 Services and Educational Setting (LRE)
- Table 2 Present Levels and Goals
- Table 3 Parent Rights & Procedural Safeguards
- Parking Lot Other Information or Questions

Next Meeting: December 7, 2023 at 5:30 -6:30 pm

Parent Workshop: Helping Children Cope with Anxiety Presenter: Student Support Services